

Unplugged: European Drug Abuse Prevention

AUTO-GENERATION SHEET FOR THE ANONYMOUS CODE

Name	
Surname	
Birth date (dd/mm/yyyy)	
Mother's name	
Father's name	
Paternal Grandmother's name	
Your eyes colour	G B L U R
	Green Brown Black Blue Grey

INSTRUCTIONS

- 1. Since the purpose of this sheet is to ensure the complete anonymousness of the questionnaire, giving the possibility to link this questionnaire with any other form you will fill in during the next period, please:
 - read carefully these instructions, and ask to EU-DAP assistants for any doubt
 - complete carefully this sheet and fill in the individual code, recorded in the right margin of the sheet
 - once the *individual code* box is filled in, rip the *auto-generation sheet* and throw it away, taking care of leaving the first page of the questionnaire
- 2. Fill in the first six lines of the squared lines following the following rules:
 - put only one letter per square
 - do not write special types (i.e. apostrophes, accents, ...)
 - do not leave any blanks between words (i.e ANNEMARIE and not ANNE MARIE or ANNE-MARIE)
 - use crossed zero (Ø instead of 0)
 - if you don't know, or remember, an answer please put Ø in the related place in the individual code box
 - if a coloured square stays empty, as the word is too short, please report \emptyset in the related coloured place in the individual code box
- 3. Choose only one alternative for the your eyes colour and put the letter written inside the square in the individual code in the right margin of the sheet

Thank you for your co-operation!

school class

QUESTIONNAIRE

on knowledge, attitudes and behaviours regarding tobacco, alcohol and substance use





1.	You are	₁∐ a boy		2∐ a g	jirl
2.	In which month and yea	ar were you born?	Month [Year 19
3.	Which of the following 1 Father 2 Stepfather 3 Mother 4 Stepmother 5 Brother(s) and/or 6 Grandparent(s) 7 Other relative(s) 8 Non-relative(s)				
4.	Do you have siblings, in 1 No 2 Yes, older 3 Yes, younger 4 Yes, same age	ncluding stepbroth	ers and s	tepsisters	S? Mark all that applies.
5.	What is the highest level 1 Completed primary 2 Some secondary some secondary some secondary some college or upon the college of Completed college of Comple	y school or less school dary school niversity	father c	ompleted	? Mark one box.
6.	What is the highest level 1 Completed primary 2 Some secondary s 3 Completed second 4 Some college or u 5 Completed college 6 Don't know 7 Does not apply	y school or less school dary school niversity	· mother	complete	ed? Mark one box.
7.	Does your family have 1 No 2 Yes, one 3 Yes, two or more	a car or a van? Mark	one box.		

8.	Do you have your own bedroom for	yourselt? N	lark one bo	OX.			
	₁ ☐ Yes						
	2 ☐ No						
9.	During the past year, how many time family? Mark one box. 1 Not at all 2 Once 3 Twice 4 More than twice	es did you	travel a	way on hol	iday (vac	ation) with	your
10.	How many computers does your fam	nily own? M	lark one bo	X.			
	₀ ☐ None						
	₁ ∐ One						
	₂ ☐ Two						
	з П More than two						
11.	How many times (if any) have you sr	noked ciga	rettes?	(never=0)			
	Mark one box for each line			Nu	mber of times		
,	0	1-2	3-5	6-9	10-19	20-29 30 or	more
•	In your lifetime L	<u>, </u>		片	片		=
, i	During the last 12 months						_
c)	During the last 30 days L		3	4	5		_ 7
12.	How many cigarettes do you usually If you smoke less than weekly or if you don't smo			?			
	0		ber of ciga 3-5	rettes a week 6-9	10-19 20	or more	
	, , , , , , , , , , , , , , , , , , ,	1	3-3 	Π	10-19 20		
	1	2	3	4	5	6	
13.	How likely is that each of the following	ng would h	appen t	to you if yo	u smoke	cigarettes	in
	the next month? Mark the answer that is close	est to your opini	on.				
		Ver	/ Likely	Likely	Unlikely	Very Unlikel	у
a)	Get into trouble with police						
b)	Do badly in school						
c)	Get into trouble with parents						
d)	Be expelled from school	•					
e)	Have problems with my friends						
f)	Become an addict						
g)	Have money problems						
h)	Have problems finding work						
i)	Have more friends						
i)	Feel more relaxed						

k) Hav	e more fun]
l) Be r	nore popular]
m) Forg	get my troubles							
n) Be r	more confident and outgoing		1		2	3		4
(a	v many times (if any) have you lcoholic beverage is a glass/bottle/ca glass of spirits or mixed drink)						a glass o	of wine, or
Ma	ark one box for each line.	0	1-2	Number 3-5	of times 6-9	10-19	20-29	30 or more
a) In yo	ur lifetime							
	ng the last 12 months							
c) Durin	ig the last 30 days							
,	·	1	2	3	4	5	6	7
15. Hov	v many times (if any) have you	been dru	ınk fron	n drinkir	ng alcoh	olic bev	erages	?
(ne	/er=0) Mark one box for each line.			Number	of times			
_			1-2	3-5	6-9	10-19	20-29	30 or more
a) In yo	ur lifetime							
b) Durir	ng the last 12 months							
c) Durin	ng the last 30 days							
	ou drink alcohol, how much do eer, or 2 glasses/bottles of alcopops,							/ bottle/can
I	Mark one box.							
1 🔲	I never drink alcohol							
2 🔲	Less than 1 drink or glass							
з 🗖	1-2 drinks or glasses							
4 🔲	3-4 drinks or glasses							
5	5–6 drinks or glasses							
6 🗖	More than 6 drinks or glasses							
mor	nk back again over the LAST 30 re drinks on one occasion? (a d glass of wine, or a glass of spirits or	rink is a gl	ass/bottle					
ı	Mark one box.							
1	None							
2 🗖	1							
3 🗖	2							
	3-5							
5	6-9							
	10 or more times							

18.	How likely is that each of the following we next month? Mark the answer that is closest to your op-	• •	o you if ye	ou drink a	Icohol in	the
		Very Likely	Likely	Unlikely	Very Unlik	ely
a)	Get into trouble with police					
b)	Do badly in school					
c)	Get into trouble with parents					
d)	Be expelled from school					
e)	Have problems with my friends					
f)	Become an addict					
g)	Have money problems					
h)	Have problems finding work					
i)	Have more friends					
j)	Feel more relaxed					
k)	Have more fun					
I)	Be more popular					
m)	Forget my troubles					
n)	Be more confident and outgoing	1	2	3	4	
19.	How many times (if any) have you used command one box for each line.	-	/er=0) Number of time 6-9	es 10-19	20-29	30 or
a) I	n your lifetime	пп				more
	During the last 12 months		H	H	H	Ħ
	During the last 30 days					Ħ
C) I	Juling the last 30 days	2 3	4	5	6	7
20.	How many times (if any) have you used a examples of drugs commonly used in the heroin, inhalants, LSD, etc)? Mark one box	ir context, e.g for each line.	. ampheta	nmines, co	ocaine, ec	
	0	1-2 3-5	6-9	10-19		30 or more
a) I	n your lifetime					
b) l	During the last 12 months					
c) I	During the last 30 days					
21.	How likely is that each of the following woother illegal substances in the next month	• •			-	
a)	Get into trouble with police					,
b)						
c)	Get into trouble with parents					

d)	Be expelled from school					
e)	Have problems with my friends					
f)	Become an addict					
g)	Have money problems					
h)						
i)	Have more friends					
j)	Feel more relaxed					
k)	Have more fun					
1)	Be more popular					
m						
n)						
		1	2	3	4	
22.	How likely is it that you will be doing each of	the follo	owing A YEA	R FROM	NOW?	
	Mark one box for each line.					
			Very Likely	Likely	Unlikely	Very Unlikely
a)	smoke cigarettes					
b)	drink alcoholic beverages (beer, wine, spirits)					
c)	get drunk					
d)	smoke marijuana or hashish (pot, grass)					
e)	take other illegal substances					
			1	2	3	4
23.	Here are some statements that people have m			ubstanc	es.	
	How much do you agree with the following op Mark the answer that is closest to your opinion.	oinions (on drugs?			
	, i		Strongly Agree	Agree	Disagree	Strongly Disagree
a)	Using drugs can be a pleasant activity					
b)	A young person should never try drugs					
c)	Using drugs is fun					
d)	Many things are much more risky than trying drug	gs				
e)	Everyone who tries drugs eventually regrets it					
f)	The laws about drugs should be made stronger					
g)	Drug use is one of the biggest evils in the country	У				
h)	Drugs help people to have experience life in full					
i)	Schools should teach about the real hazards of					
	taking drugs					
j)	The police should not be annoying young people					
k)	who are trying drugs To experiment with drugs is to give away control		Ц	Ц	Ш	
N)	of your life		П			
	or your mo		1	2	3	4

24.	For each statement below, please mark who the appropriate box.	ether	you thin	k it is c			-	_
					`	Yes	No	Don't know
a) b)	Nicotine is the substance in cigarettes that cau One needs to smoke several cigarettes per da		ing canc	er		Ш	ш	ш
	during many years to become addicted							
c)	Women have lower tolerance to alcohol than n	nen						
d)	It takes about half an hour to eliminate from the	e body	У					
	the amount of alcohol contained in a can of str	ong b	eer					
e)	Smoking marijuana does not cause physical de	•	lence					
f)	High consumption of hash or marijuana decrea	ases						
	the production of sexual hormones					1	2	3
25.	How much do you think PEOPLE RISK harr if they Mark one box for each line.	ning t	hemselv	es (phy	sically	or in	othe	r ways),
	II they Walk one box for each line.		No	risk S	Blight risk	Great	risk	Don't know
a)	smoke cigarettes occasionally]	
b)	smoke one or more packs of cigarettes per day	,]	
c)	have one or two drinks nearly each week]	
d)	drink alcohol every day]	
e).	smoke marijuana or hashish regularly]	
f).	use other drugs occasionally			1	2	3	-	4
26.	When you answer this question, think about	it the	friends v	with wh	om you	spen	d mo	ost of
	your leisure time. Mark one box for each line.	None	Less than	About half	More t	han	All of	Don't
			half of them	of them	half o		them	know
a)	How many of them like school?					_		
b)	How many of them do well at school?]		
c)	How many of them smoke cigarettes?]		
d)	How many of them drink alcohol?]		
e)	How many of them get drunk?]		
f)	How many of them use marijuana or					_		
	other drugs?	1	2	3	4]	5	6
27.	When you answer this question, think about Mark one box for each line.	it peo	ple of you		f More th	an Allo	of I	Don't
a.	How many of them smoke cigarettes?		half		half	ther	n k	know
b.	How many of them get drunk?					F	1	Ħ .
D. С.	How many of them drink alcohol?						1	
d.	How many of them use marijuana or							_
	other drugs?]	

28.	If your friends found out that you smoked cigare sometimes, used marijuana sometimes how do y	ou think	they'd	feel?		Thermondel
	Mark one box for each line.	They would approve	disappro still be my	ove but	They would disapprove and stop being my friends	They would not care ng
a)	If they found out that I smoked cigarettes sometimes	;]		
b)	If they found out that I drank alcohol sometimes					
c)	If they found out that I used marijuana sometimes					
29.	Does any of your parents? Mark one box for each line		Don't have these persons	No	Don't know	Yes
a)	smoke cigarettes					
	drink alcoholic beverages (beer, wine, spirits)			2	3	4
30.	Does any of your siblings? Mark one box for each li		Don't have any siblings	No	Don't know	Yes
a)	smoke cigarettes		🗆			
b)	drink alcoholic beverages (beer, wine, spirits)		🗖	2	3	4
31.	Do the following descriptions fit people around y Mark the answer that is closest to your opinion.	ou?				
			Strongly Agree	Agree	•	Strongly Disagree
a)	My parents set clear rules					
b)	My parents know where I am in the evenings					
c)	I can easily get support from my father and/or mother	er				
d)	It is very important for me not to disappoint my paren	nts				
e)	I can really get support from my best friend					
			1	2	3 4	
32.	In the following questions, you are to say whether			disagr	ee with ea	ıch
	statement about your family. Mark the answer that is close	Stro		Agree D		ongly agree
a)	My parents care about my happiness					
b)	My family makes me feel loved					_
c)	My family works against all I do or I would like to do					
d)	In my family we care about each others					_
e)	I feel appreciated from my family					
f)	I enjoy myself with my family					_
g)	I'd rather change my family with another one					
h)	My parents are interested in me					⊒
i۱	My parents don't trust me					

j) k)	My home is warm and welcoming My parents don't like to be with me	e					
11)	in the same place						
I)	My parents help me when I need i	it					
m)			Γ	1			
n)	My parents are proud of me			i	\neg	一一	
0)	My family is not good at all			<u> </u>			
p)	Mi parents appear to dislike every	thing Ldo	Ī	1 7	౼౼	一片	
q)	My parents take always part to my		ions	- –			
17	that are really important for me						
r)	My parents believe me						
s)	I'm proud of my family						
t)	My parents care about my educat	ion				$\overline{}$	
u)	My family is the most important th						
v)	My parents love me in the way I a						
w)	I don't know why my parents are s						
x)	My parents care about my future	0					
y)	My home is not an happy place						
33.	If you wanted to drink alcohol (o allow you to do so? Mark the answer			(d	ould not loes not) w drinking	nother v	v ould
		alcohol 1	at home		at all 3	Do	on't know 4
34.	If you wanted to smoke (or already you to do so? Mark the answer that is considered to smoke (or already you to do so?)		-	ather and	d mother	would a	allow
		Would allow (allows me) to smoke	Would not (does not) allow smoking at home	(d	ould not loes not) w smoking at all	Do	on't know
					· ·		·
35.	How were your grades during the	_	_		.		
		1 ☐ high	2 medi	um 3	B∐ low		
36.	How do you feel about school a	t present? Mark	one box.				
	1 ☐ I like it a lot						
	2☐ I like it a bit						
	3☐ I don't like it very much						
	₄□ I don't like it at all						

37. How much do you agree with the following descriptions of your school? Mark one box for each line. Strongly Agree Disagree Strongly agree disagree П П The students in my class enjoy being together ш П П b) Most of the students in my class are kind and helpful П c) Other students accept me as I am П П П d) How I do in school matters a lot to me I have great respect for what my teachers tell me 38. Have you ever had any of the following problems in the last 12 months? Mark all that applies for each line. Yes for reasons Yes, because Yes. other than Never alcohol or of my because of alcohol use my drug use drug use П a) Quarrel or argument...... П П b) Scuffle or fight П c) Accident or injury...... d) Loss of money or other valuable items e) Damage to objects or clothing you owned f) Problems in your relationship with (your) parents П g) Problems in your relationship with (your) friends П П h) Problems in your relationship with (your) teachers i) Performed poorly at school....... i) Victimized by robbery or theft k) Hospitalised or admitted to an emergency room....... 39. These are statements about your views on how you make decisions. Tick the one that is right for you. Strongly Agree Disagree Strongly Agree Disagree a) When I have decided to do something, I always carry П it through b) I often make up my mind without thinking of the consequences П Sometimes I decide on something "off the top of my head" d) I weigh up all the choices before I decide on П П something e) I seldom decide to do something that I later regret f) When I get an idea I often make a decision without thinking g) Sometimes I change my mind about something several times a day h) When I decide on something it doesn't matter П П what my friends think When I decide on something it doesn't matter i) what my parents think

40.	Imagine yourself in each of the follow you, some others less, so that you ma your best. Mark the answer that is closest to your of	y feel less s			
		Very likely	likely	unlikely	very unlikely
a)	You and your best friend are at a party where you meet new people, and you feel you really want to get to know them. Someone offers you to smoke hash together. Your friend accepts. Do you?				
b)	You and the same friend are studying hard for an important test at school the day after. Both of you feel stressed and need to calm down. Your friend suggests a cigarette would help, and offers one. Do you accept?				
c)	The day after, you both pass the test, and feel now it is time to celebrate. Have still some pocket-money left, and the liquor store is nearby. Would you buy some alcohol (beer, wine) to celebrate?	1	2	3	4
41.	How much do you agree with the follo to your opinion.	wing descri	ptions of yo Strongl Agree	y Agree Dis	the answer that is closest sagree Strongly Disagree
a) l	feel that I have a number of good qualities	es			
b) I	am able to do things as well as most oth	er people			
c) /	At times I think I am no good at all				
d) l	Most boys and girls of my age are smarte	r than I am			
	am quite good at sports				
	feel very embarrassed when I have to sa	ay			
	something in class				
	My being happy is important to my parent	S	무	片	
	worry a lot about silly things				
i)	often feel nervous over nothing at al		片	H	
•	have plenty of interests and hobbies				
,	On the whole, I am satisfied with myself		片		
•	feel I do not have much to be proud of				
•	I certainly feel useless at times feel that I'm a valuable person at least			Ш	
-	at the same level than others				
	wish I could have more respect for myse	lf			
	All in all, I am inclined to feel that I am a fa				
	have a positive attitude toward myself			П	

12. How day of annibult would be for you to do the following things I want one box for each in	o the following things? Mark one box for	ne following things? Mark one box for each lir	ou to de	l be for y	or difficult would	2. How easy	42.
--	--	--	----------	------------	--------------------	-------------	-----

		very easy	easy	difficult	very difficult
a)	Say something nice to a friend.				
b)	Ask for a favour.				
c)	Show someone that I like him/her.				
d)	Say "no" when someone asks me to do something				
	I do not want to.				
e)	Call for help when I have got problems.				
f)	Help someone who needs help.				
		1	2	3	4