Unplugged: European Drug Abuse Prevention

AUTO-GENERATION SHEET FOR THE **ANONYMOUS CODE** Name Surname Birth date (dd/mm/yyyy) Mother's name Father's name Paternal Grandmother's name Your eyes colour Green Brown Black Blue Grey **INSTRUCTIONS**

- 1. Since the purpose of this sheet is to ensure the complete anonymousness of the questionnaire, giving the possibility to link this questionnaire with any other form you will fill in during the next period, please:
 - read carefully these instructions, and ask to EU-DAP assistants for any doubt
 - complete carefully this sheet and fill in the individual code, recorded in the right margin of the sheet
 - once the *individual code* box is filled in, rip the *auto-generation sheet* and throw it away, taking care of leaving the first page of the questionnaire
- 2. Fill in the first six lines of the squared lines following the following rules:
 - put only one letter per square
 - do not write special types (i.e. apostrophes, accents, ...)
 - do not leave any blanks between words (i.e ANNEMARIE and not ANNE MARIE or ANNE-MARIE)
 - use crossed zero (Ø instead of 0)
 - if you don't know, or remember, an answer please put Ø in the related place in the individual code box
 - if a coloured square stays empty, as the word is too short, please report \emptyset in the related coloured place in the individual code box
- 3. Choose only one alternative for the your eyes colour and put the letter written inside the square in the individual code in the right margin of the sheet

Thank you for your co-operation!



QUESTIONNAIRE

on knowledge, attitudes and behaviours regarding tobacco, alcohol and substance use



1. You are

1□ a boy

 $_{2}\square$ a girl

Year 19

2. In which month and year were you born? Month

3. Which of the following people live in the same household with you? Mark all that applies.

- 1 Father
- 2 Stepfather
- ₃□ Mother
- 4 Stepmother
- 5 Brother(s) and/or sister(s) / step-brother(s) and/or sister(s)
- 6 Grandparent(s)
- 7 Other relative(s)
- 8 Non-relative(s)

4. Do you have siblings, including stepbrothers and stepsisters? Mark all that applies.

- 1 **N**O
- 2 Yes, older
- 3□ Yes, younger
- ₄□ Yes, same age

5. What is the highest level of schooling your father completed? Mark one box.

- 1 Completed primary school or less
- ² Some secondary school
- 3□Completed secondary school
- ⁴ Some college or university
- 5 Completed college or university
- 6 Don't know
- 7 Does not apply

6. What is the highest level of schooling your mother completed? Mark one box.

- 1 Completed primary school or less
- ² Some secondary school
- 3 Completed secondary school
- ⁴ Some college or university
- ⁵Completed college or university
- 6 Don't know
- 7 Does not apply

7. Does your family have a car or a van? Mark one box.

- 1 🛛 No
- 2 🛛 Yes, one
- 3 🛛 Yes, two or more

- 8. Do you have your own bedroom for yourself? Mark one box.
 - 1 🛛 Yes
 - 2 🗆 No
- 9. During the past year, how many times did you travel away on holiday (vacation) with your family? Mark one box.
 - 1 I Not at all
 - 2 Once
 - 3 Twice
 - 4 More than twice

10. How many computers does your family own? Mark one box.

- 0 None
- 1 🛛 One
- 2 🛛 Two
- 3 More than two

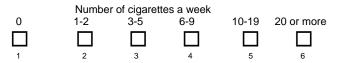
11. How many times (if any) have you smoked cigarettes? (never=0)

Mark one box for each line

				N	umber of tim	ies	
	0	1-2	3-5	6-9	10-19	20-29	30 or more
a) In your lifetime							
b) During the last 12 months	🗆						
c) During the last 30 days							
	1	2	3	4	5	6	7

12. How many cigarettes do you usually smoke in a week?

If you smoke less than weekly or if you don't smoke, please mark 0



13. How likely is that each of the following would happen to you if you smoke cigarettes in the next month? Mark the answer that is closest to your opinion.

		Very Likely	Likely	Unlikely	Very Unlikely
a)	Get into trouble with police				
b)	Do badly in school				
c)	Get into trouble with parents				
d)	Be expelled from school				
e)	Have problems with my friends				
f)	Become an addict				
g)	Have money problems				
h)	Have problems finding work				
i)	Have more friends				
j)	Feel more relaxed				

k) Have more fun				
I) Be more popular				
m) Forget my troubles				
n) Be more confident and outgoing				
	1	2	3	4

 How many times (if any) have you drunk alcoholic beverages? (never=0) (alcoholic beverage is a glass/bottle/can of beer, or 2 glasses/bottles of alcopops, or a glass of wine, or a glass of spirits or mixed drink)

	Mark one box for each line.		Number of times					
		0	1-2	3-5	6-9	10-19	20-29	30 or more
a) Ir	n your lifetime							
b) D	ouring the last 12 months							
c) D	uring the last 30 days							
		1	2	3	4	5	6	7

15. How many times (if any) have you been drunk from drinking alcoholic beverages? (never=0) Mark one box for each line.

	Number of times						
	0	1-2	3-5	6-9	10-19	20-29	30 or more
a) In your lifetime	🗖						
b) During the last 12 months	🗆						
c) During the last 30 days	🗆						
	1	2	3	4	5	6	7

16. **If you drink alcohol, how much do you usually drink at one time**? (a drink is a glass/bottle/can of beer, or 2 glasses/bottles of alcopops, or a glass of wine, or a glass of spirits or mixed drink).

Mark one box.

- 1 I never drink alcohol
- ² Less than 1 drink or glass
- 3 1-2 drinks or glasses
- 4 3-4 drinks or glasses
- 5 5–6 drinks or glasses
- 6 More than 6 drinks or glasses
- 17. Think back again over the LAST 30 DAYS. How many times (if any) have you had five or more drinks on one occasion? (a drink is a glass/bottle/can of beer, or 2 glasses/bottles of alcopops, or a glass of wine, or a glass of spirits or mixed drink).

Mark one box.

 1
 None

 2
 1

 3
 2

 4
 3-5

 5
 6-9

 6
 10 or more times

18. How likely is that each of the following would happen to you if you drink alcohol in the **next month?** Mark the answer that is closest to your opinion.

		Very Likely	Likely	Unlikely	Very Unlikely
a)	Get into trouble with police				
b)	Do badly in school				
c)	Get into trouble with parents				
d)	Be expelled from school				
e)	Have problems with my friends				
f)	Become an addict				
g)	Have money problems				
h)	Have problems finding work				
i)	Have more friends				
j)	Feel more relaxed				
k)	Have more fun				
I)	Be more popular				
m)					
n)	Be more confident and outgoing				
,	0 0	1	2	3	4

19. How many times (if any) have you used cannabis? (never=0) Mark one box for each line.

	Number of times					
0	1-2	3-5	6-9	10-19	20-29	30 or more
a) In your lifetime						
b) During the last 12 months						
c) During the last 30 days						
1	2	3	4	5	6	7

20. How many times (if any) have you used any other drugs (each country have to list examples of drugs commonly used in their context, e.g. amphetamines, cocaine, ecstasy, heroin, inhalants, LSD, etc)? Mark one box for each line.

0	1-2	3-5	6-9	10-19	20-29	30 or more
a) In your lifetime						
b) During the last 12 months						
c) During the last 30 days						
1	2	3	4	5	6	7

21. How likely is that each of the following would happen to you if you take marijuana or other illegal substances in the next month? Mark the answer that is closest to your opinion.

		Very Likely	Likely	Unlikely	Very Unlikely
a)	Get into trouble with police				
b)	Do badly in school				
c)	Get into trouble with parents				

d)	Be expelled from school			
e)	Have problems with my friends			
f)	Become an addict			
g)	Have money problems			
h)	Have problems finding work			
i)	Have more friends			
j)	Feel more relaxed			
k)	Have more fun			
I)	Be more popular			
m)	Forget my troubles			
n)	Be more confident and outgoing	1	2	4

22. How likely is it that you will be doing each of the following A YEAR FROM NOW? Mark one box for each line.

		Very Likely	Likely	Unlikely	Very Unlikely
a)	smoke cigarettes				
b)	drink alcoholic beverages (beer, wine, spirits)				
c)	get drunk				
d)	smoke marijuana or hashish (pot, grass)				
e)	take other illegal substances				
		1	2	3	4

23. Here are some statements that people have made about illegal substances. How much do you agree with the following opinions on drugs? Mark the answer that is closest to your opinion.

		Strongly Agree	Agree	Disagree	Strongly Disagree
a)	Using drugs can be a pleasant activity				
b)	A young person should never try drugs				
c)	Using drugs is fun				
d)	Many things are much more risky than trying drugs				
e)	Everyone who tries drugs eventually regrets it				
f)	The laws about drugs should be made stronger				
g)	Drug use is one of the biggest evils in the country				
h) i)	Drugs help people to have experience life in full Schools should teach about the real hazards of				
.,	taking drugs				
j)	The police should not be annoying young people				
	who are trying drugs				
k)	To experiment with drugs is to give away control				
	of your life				
		1	2	3	4

24. For each statement below, please mark whether you think it is correct or not by checking the appropriate box.

		Yes	NO	Don't know
a)	Nicotine is the substance in cigarettes that causes lung cancer			
b)	One needs to smoke several cigarettes per day			
	during many years to become addicted			
c)	Women have lower tolerance to alcohol than men			
d)	It takes about half an hour to eliminate from the body			
	the amount of alcohol contained in a can of strong beer			
e)	Smoking marijuana does not cause physical dependence			
f)	High consumption of hash or marijuana decreases			
	the production of sexual hormones			
		1	2	3

25. How much do you think PEOPLE RISK harming themselves (physically or in other ways), if they..... Mark one box for each line.

	No risk	Slight risk	Great risk	Don't know
a) smoke cigarettes occasionally				
b) smoke one or more packs of cigarettes per day				
c) have one or two drinks nearly each week				
d) drink alcohol every day				
e). smoke marijuana or hashish regularly				
f). use other drugs occasionally				
	1	2	3	4

26. When you answer this question, think about the friends with whom you spend most of your leisure time. Mark one box for each line.

	None	Less than half of them	About half of them	More than half of them	All of them	Don't know
How many of them like school?						
How many of them do well at school?						
How many of them smoke cigarettes?						
How many of them drink alcohol?						
How many of them get drunk?						
How many of them use marijuana or						
other drugs?			3			6
	How many of them do well at school? How many of them smoke cigarettes? How many of them drink alcohol? How many of them get drunk? How many of them use marijuana or	How many of them like school? I How many of them do well at school? I How many of them smoke cigarettes? I How many of them drink alcohol? I How many of them get drunk? I How many of them use marijuana or I	half of them How many of them like school? How many of them do well at school? How many of them smoke cigarettes? How many of them drink alcohol? How many of them get drunk? How many of them use marijuana or	half of themof themHow many of them like school?IHow many of them do well at school?IHow many of them smoke cigarettes?IHow many of them drink alcohol?IHow many of them get drunk?IHow many of them use marijuana or	half of themof themhalf of themHow many of them like school?IIHow many of them do well at school?IIHow many of them smoke cigarettes?IIHow many of them drink alcohol?IIHow many of them get drunk?IIHow many of them use marijuana or other drugs?II	half of themof themhalf of themthemHow many of them like school?IIIHow many of them do well at school?IIIHow many of them smoke cigarettes?IIIHow many of them drink alcohol?IIIHow many of them get drunk?IIIHow many of them use marijuana or other drugs?III

27. When you answer this question, think about people of your age. Mark one box for each line.

		None	Less than half	About half	More than half	All of them	Don't know
a.	How many of them smoke cigarettes?						
b.	How many of them get drunk?						
c.	How many of them drink alcohol?						
d.	How many of them use marijuana or other drugs?						

28. If your friends found out that you smoked cigarettes sometimes, drank alcohol sometimes, used marijuana sometimes how do you think they'd feel?

	Mark one box for each line.	They would approve	They would disapprove but still be my friends	disapprove	They would not care g
a)	If they found out that I smoked cigarettes sometimes				
b)	If they found out that I drank alcohol sometimes				
c)	If they found out that I used marijuana sometimes				
29.	Does any of your parents? Mark one box for each lin)op't baya		

		these		Don't		
		persons	No	know	Yes	
a) :	smoke cigarettes					
b) (drink alcoholic beverages (beer, wine, spirits)					
		1	2	3	4	

30. Does any of your siblings? Mark one box for each line.

So. Does any of your sidings! Mark one box for each line.				
	Don't have			
	any		Don't	
	siblings	No	know	Yes
a) smoke cigarettes	🗖			
b) drink alcoholic beverages (beer, wine, spirits)	🗖			
	1	2	3	4

31. Do the following descriptions fit people around you?

-				····č	,		P •		
N	lark	the	e answ	er tha	t is c	closest	to your	opinion.	

		Strongly Agree	Agree	Disagree	Strongly Disagree
a)	My parents set clear rules				
b)	My parents know where I am in the evenings				
c)	I can easily get support from my father and/or mother				
d)	It is very important for me not to disappoint my parents				
e)	I can really get support from my best friend				
		1	2	3	4

32. In the following questions, you are to say whether you agree or disagree with each statement about your family. Mark the answer that is closest to your opinion.

		Strongly Agree	Agree	Disagree	Strongly Disagree
a)	My parents care about my happiness				
b)	My family makes me feel loved				
c)	My family works against all I do or I would like to do				
d)	In my family we care about each others				
e)	I feel appreciated from my family				
f)	I enjoy myself with my family				
g)	I'd rather change my family with another one				
h)	My parents are interested in me				
i)	My parents don't trust me				

••					
j)	My home is warm and welcoming				
k)	My parents don't like to be with me				
	in the same place				
I)	My parents help me when I need it				
m)	I'm really important for my family				
n)	My parents are proud of me				
o)	My family is not good at all				
p)	Mi parents appear to dislike everything I do				
q)	My parents take always part to my competitions/activities				
	that are really important for me				
r)	My parents believe me				
s)	I'm proud of my family				
t)	My parents care about my education				
u)	My family is the most important thing of my life				
v)	My parents love me in the way I am				
w)	I don't know why my parents are still together				
x)	My parents care about my future				
y)	My home is not an happy place				
• •		4	3	2	1

33. If you wanted to drink alcohol (or already do), do you think your father and mother would allow you to do so? Mark the answer that is closest to your opinion.

Would allow (allows me) to drink	Would not (does not) allow drinking	Would not (does not) allow drinking	
alcohol	at home	allow uninking at all	Don't know
1	2	3	4

34. If you wanted to smoke (or already do), do you think your father and mother would allow you to do so? Mark the answer that is closest to your opinion.

	Would allow (allows me) to smoke	Would not (does not) allow smoking	Would not (does not) allow smoking				
		at home	at all	Don't know			
	1	2	3	4			
35. How were your grades during the last school year? Mark one box.							
	1 🗖 high	2 medium	3 low				

- 36. How do you feel about school at present? Mark one box.
 - $_{1}$ I like it a lot
 - 2 I like it a bit
 - $_{3}\square$ I don't like it very much
 - $_{4}$ I don't like it at all

37. How much do you agree with the following descriptions of your school? Mark one box for each line.

		Strongly agree	Agree	Disagree	Strongly disagree
a)	The students in my class enjoy being together				
b)	Most of the students in my class are kind and helpful				
c)	Other students accept me as I am				
d)	How I do in school matters a lot to me				
e)	I have great respect for what my teachers tell me				
		1	2	3	4

38. Have you ever had any of the following problems in the last 12 months?

Mark all that applies for each line.					es for reasons
		Never	Yes, because	,	other than
		Never	of my alcohol use	because of my drug use	alcohol or drug use
a) Quarrel or argument					
b) Scuffle or fight					
c) Accident or injury					
d) Loss of money or other v					
e) Damage to objects or clo	thing you owned				
f) Problems in your relation	ship with (your) parents				
g) Problems in your relation	ship with (your) friends				
h) Problems in your relation	ship with (your) teachers				
i) Performed poorly at scho	ol				
j) Victimized by robbery or	theft	ロ			
k) Hospitalised or admitted	to an emergency room				
		1	1	1	1

39. These are statements about your views on how you make decisions.

	Tick the one that is right for you.	Strongly Agree	Agree	Disagree	Strongly Disagree
a)	When I have decided to do something, I always carry				
	it through				
b)	I often make up my mind without thinking of				
	the consequences				
c)	Sometimes I decide on something "off the top of my head"				
d)	I weigh up all the choices before I decide on				
	something				
e)	I seldom decide to do something that I later regret				
f)	When I get an idea I often make a decision without thinking				
g)	Sometimes I change my mind about something several				
	times a day				
h)	When I decide on something it doesn't matter				
	what my friends think				
i)	When I decide on something it doesn't matter				
	what my parents think				
		1	2	3	4

40. Imagine yourself in each of the following situations. Some of them may be very familiar to you, some others less, so that you may feel less secure in answering. It is enough you do your best. Mark the answer that is closest to your opinion.

		Very likely	likely	unlikely	very unlikely
a)	You and your best friend are at a party where you meet new people, and you feel you really want to get to know them. Someone offers you to smoke hash together. Your friend accepts. Do you?				
b)	You and the same friend are studying hard for an important test at school the day after. Both of you feel stressed and need to calm down. Your friend suggests a cigarette would help, and offers one. Do you accept?				
c)	The day after, you both pass the test, and feel now it is time to celebrate. Have still some pocket-money left, and				
	the liquor store is nearby. Would you buy some alcohol (beer, wine) to celebrate?	1	2	3	4

41. How much do you agree with the following descriptions of yourself? Mark the answer that is closest to your opinion.

	Agree	Agree	Disagree	Disagree
a) I feel that I have a number of good qualities				
b) I am able to do things as well as most other people				
c) At times I think I am no good at all				
d) Most boys and girls of my age are smarter than I am				
e) I am quite good at sports f) I feel very embarrassed when I have to say				
something in class				
g) My being happy is important to my parents				
h) I worry a lot about silly things				
i) I often feel nervous over nothing at al				
j) I have plenty of interests and hobbies				
k) On the whole, I am satisfied with myself				
I) I feel I do not have much to be proud of				
m) I certainly feel useless at times				
n) I feel that I'm a valuable person at least	_	_	_	_
at the same level than others				
o) I wish I could have more respect for myself				
p) All in all, I am inclined to feel that I am a failure				
q) I have a positive attitude toward myself				
	1	2	3	4

42. Imagine you would like to do the following things. How easy or difficult would you find it? Mark one box for each line.

l w	ould like to	very easy	easy	difficult	very difficult
a)	Say something nice to a friend.				
b)	Ask for a favour.				
c)	Show someone that I like him/her.				
d)	Say "no" when someone asks me to do something				
	I do not want to.				
e)	Call for help when I have got problems.				
f)	Help someone who needs help.				
		1	2	3	4