Unplugged:European Drug Abuse Prevention

AUTO-GENERATION SHEET FOR THE ANONYMOUS CODE

Name	
Surname	
Birth date (dd/mm/yyyy)	
Mother's name	
Father's name	
Paternal Grandmother's name	
Your eyes colour	G B L U R
(Green Brown Black Blue Grey

INSTRUCTIONS

- 1. Since the purpose of this sheet is to ensure the complete anonymousness of the questionnaire, giving the possibility to link this questionnaire with any other form you will fill in during the next period, please:
 - read carefully these instructions, and ask to EU-DAP assistants for any doubt
 - complete carefully this sheet and fill in the individual code, recorded in the right margin of the sheet
 - once the *individual code* box is filled in, rip the *auto-generation sheet* and throw it away, taking care of leaving the first page of the questionnaire
- 2. Fill in the first six lines of the squared lines following the following rules:
 - put only one letter per square
 - do not write special types (i.e. apostrophes, accents, ...)
 - do not leave any blanks between words (i.e ANNEMARIE and not ANNE MARIE or ANNE-MARIE)
 - use crossed zero (Ø instead of 0)
 - if you don't know, or remember, an answer please put Ø in the related place in the individual code box
 - if a coloured square stays empty, as the word is too short, please report \varnothing in the related coloured place in the individual code box
- 3. Choose only one alternative for the your eyes colour and put the letter written inside the square in the individual code in the right margin of the sheet

Thank you for your co-operation!



QUESTIONNAIRE

on knowledge, attitudes and behaviours regarding tobacco, alcohol and substance use



1.	You are	₁∟ a boy	₂∟ a girl	
2.	In which month and year we	ere you born?	Month	Year 19
3.	Which of the following peop 1 Father 2 Stepfather 3 Mother 4 Stepmother 5 Brother(s) and/or sister 6 Grandparent(s) 7 Other relative(s) 8 Non-relative(s)			you? Mark all that applies.
4.	Do you have siblings, included 1 No 2 Yes, older 3 Yes, younger 4 Yes, same age	ding stepbrothe	ers and stepsisters?	Mark all that applies.
5.	What is the highest level of 1 Completed primary school 2 Some secondary school 3 Completed secondary s 4 Some college or univer 5 Completed college or univer 6 Don't know 7 Does not apply	ool or less ol school sity	father completed?	Mark one box.
6.	What is the highest level of 1 Completed primary school 2 Some secondary school 3 Completed secondary s 4 Some college or univer 5 Completed college or univer 6 Don't know 7 Does not apply	ool or less ol school sity	mother completed?	Mark one box.
7.	Does your family have a car 1 No 2 Yes, one 3 Yes, two or more	r or a van? Mark o	one box.	

8.	Do you have your own bedroom for yo	ourselt? Mark one b	ox.			
	₁ ☐ Yes					
	2 ☐ No					
9.	During the past year, how many times family? Mark one box. 1 Not at all 2 Once 3 Twice 4 More than twice	did you travel a	way on ho	iliday (vac	ation) with y	our
40	How many computers does your family	w own 2 Mark are b				
10.	How many computers does your family	y OWIT? Mark one bo	OX.			
	_					
	1 ☐ One					
	2 ∐ Two					
	3 ☐ More than two					
11.	How many times (if any) have you smo	oked cigarettes?	(never=0)			
	Mark one box for each line		N	umber of times		
_ \	0	1-2 3-5	6-9	10-19	20-29 30 or m	ore
	In your lifetime			H		
· 1	During the last 12 months					
c)	During the last 30 days	2 3	4	5	6 7	
12.	How many cigarettes do you usually s If you smoke less than weekly or if you don't smoke		?			
	0	Number of ciga 1-2 3-5		10-19 20) or more	
	Ď]			
	1	2 3	4	5	6	
13.	How likely is that each of the following the next month? Mark the answer that is closest		to you if y	ou smoke	cigarettes ir	1
		Very Likely	Likely	Unlikely	Very Unlikely	
a)	Get into trouble with police					
b)	Do badly in school					
c)	Get into trouble with parents					
d)	Be expelled from school					
e)	Have problems with my friends					
f)	Become an addict					
g)	Have money problems					
h)	Have problems finding work					
i)	Have more friends					
j)	Feel more relaxed					

k) Have more fun					1				
I) Be more popular]				
m) Forget my troubles]				
n) Be more confident and outgoing	1	2	3		1				
14. How many times (if any) have you drunk alcoholic beverages? (never=0) (alcoholic beverage is a glass/bottle/can of beer, or 2 glasses/bottles of alcopops, or a glass of wine, or a glass of spirits or mixed drink)									
Mark one box for each line.	1-2 3	Number of times -5 6-9	10-19	20-29	30 or more				
a) In your lifetime									
b) During the last 12 months									
c) During the last 30 days		3 4	5	6	7				
15. How many times (if any) have you been (never=0) Mark one box for each line.					?				
	1-2 3	-5 6-9 7 	10-19	20-29	30 or more				
a) In your lifetime		<u> </u>	H	H	H				
b) During the last 12 months									
c) During the last 30 days	L	 3	5		7				
16. If you drink alcohol, how much do you usually drink at one time? (a drink is a glass/bottle/can of beer, or 2 glasses/bottles of alcopops, or a glass of wine, or a glass of spirits or mixed drink).									
of beer, or 2 glasses/bottles of alcopops, or a	u usually drink				bottle/can				
	u usually drink				bottle/can				
of beer, or 2 glasses/bottles of alcopops, or a	u usually drink				bottle/can				
of beer, or 2 glasses/bottles of alcopops, or a Mark one box.	u usually drink				bottle/can				
of beer, or 2 glasses/bottles of alcopops, or a Mark one box. 1 I never drink alcohol	u usually drink				bottle/can				
of beer, or 2 glasses/bottles of alcopops, or a Mark one box. 1 I never drink alcohol 2 Less than 1 drink or glass	u usually drink				bottle/can				
of beer, or 2 glasses/bottles of alcopops, or a Mark one box. 1	u usually drink				bottle/can				
of beer, or 2 glasses/bottles of alcopops, or a Mark one box. 1	u usually drink				bottle/can				
of beer, or 2 glasses/bottles of alcopops, or a Mark one box. 1	u usually drink a glass of wine, or AYS. How man is a glass/bottle/o	y times (if an	y) have	ed drink). you had	five or				
of beer, or 2 glasses/bottles of alcopops, or a Mark one box. 1	u usually drink a glass of wine, or AYS. How man is a glass/bottle/o	y times (if an	y) have	ed drink). you had	five or				
of beer, or 2 glasses/bottles of alcopops, or a Mark one box. 1	u usually drink a glass of wine, or AYS. How man is a glass/bottle/o	y times (if an	y) have	ed drink). you had	five or				
of beer, or 2 glasses/bottles of alcopops, or a Mark one box. 1	u usually drink a glass of wine, or AYS. How man is a glass/bottle/o	y times (if an	y) have	ed drink). you had	five or				
of beer, or 2 glasses/bottles of alcopops, or a Mark one box. 1	u usually drink a glass of wine, or AYS. How man is a glass/bottle/o	y times (if an	y) have	ed drink). you had	five or				
of beer, or 2 glasses/bottles of alcopops, or a Mark one box. 1	u usually drink a glass of wine, or AYS. How man is a glass/bottle/o	y times (if an	y) have	ed drink). you had	five or				
of beer, or 2 glasses/bottles of alcopops, or a Mark one box. 1	u usually drink a glass of wine, or AYS. How man is a glass/bottle/o	y times (if an	y) have	ed drink). you had	five or				

a) Get into trouble with police										
b) Do badly in school										
c) Get into trouble with parents										
d) Be expelled from school										
e) Have problems with my friends										
f) Become an addict										
g) Have money problems										
h) Have problems finding work										
i) Have more friends										
j) Feel more relaxed										
k) Have more fun										
I) Be more popular										
m) Forget my troubles										
n) Be more confident and outgoing										
19. How many times (if any) have you used cannabis? (never=0) Mark one box for each line. Number of times										
0 1-2 3-5 6-9 10-19 20-29 30 0										
a) In your lifetime	e									
b) During the last 12 months										
c) During the last 30 days										
1 2 3 4 5 6 7										
20. How many times (if any) have you used any other drugs (each country have to list examples of drugs commonly used in their context, e.g. amphetamines, cocaine, ecstasy, heroin, inhalants, LSD, etc)? Mark one box for each line. Number of times										
0 1-2 3-5 6-9 10-19 20-29 30 c mor										
a) In your lifetime	Ĭ									
b) During the last 12 months										
c) During the last 30 days										
1 2 3 4 5 6 7 21. How likely is that each of the following would happen to you if you take marijuana or other illegal substances in the next month? Mark the answer that is closest to your opinion.										
Very Likely Likely Unlikely Very Unlikely										
a) Get into trouble with police										
b) Do badly in school										

d)	Be expelled from school					
e)	Have problems with my friends					
f)	Become an addict					
g)	Have money problems					
h)	Have problems finding work					
i)	Have more friends					
j)	Feel more relaxed					
k)	Have more fun					
l)	Be more popular					
m)	Forget my troubles					
n)	Be more confident and outgoing					
		1	2	3	4	
22.	How likely is it that you will be doing each o	f the follo	wing A YEA	R FRO	M NOW?	
	Mark one box for each line.					.,
			Very Likely	Likely	Unlikely	Very Unlikely
a)	smoke cigarettes					
b)	drink alcoholic beverages (beer, wine, spirits)					
c)	get drunk					
d)	smoke marijuana or hashish (pot, grass)					
e)	take other illegal substances					
			1	2	3	4
	Here are some statements that people have		_	ıbstanc	es.	
	How much do you agree with the following of Mark the answer that is closest to your opinion.	opinions (•			
			Strongly Agree	Agree	Disagree	Strongly Disagree
a)	Using drugs can be a pleasant activity					
b)	A young person should never try drugs					
c)	Using drugs is fun					
d)	Many things are much more risky than trying dr	ugs				
e)	Everyone who tries drugs eventually regrets it					
f)	The laws about drugs should be made stronger					
g)	Drug use is one of the biggest evils in the coun	try				
h)	Drugs help people to have experience life in ful					
i)	Schools should teach about the real hazards of					
i)	taking drugs The police should not be annoying young peop	اما	Ш			
j)	who are trying drugs	IG.	П	П	П	П
k)	To experiment with drugs is to give away control	ol	—			
-	of your life					

24.	For each statement below, please mark who the appropriate box.	ether	you thin	k it is c		or not _{Yes}	by c	hecking Don't know
a)	Nicotine is the substance in cigarettes that cau	ses lu	ına canc	er				
b)	One needs to smoke several cigarettes per day		g • • • • • •	•				_
	during many years to become addicted							
c)	Women have lower tolerance to alcohol than m	nen						
d)	It takes about half an hour to eliminate from the					_	_	_
	the amount of alcohol contained in a can of stro	ong b	eer			ᆜ	ᆜ	
e)	Smoking marijuana does not cause physical de		lence			Ш	Ш	
f)	High consumption of hash or marijuana decrea	ises				П		
	the production of sexual hormones					1	2	3
25	How much do you think PEOPLE RISK harn	nina 1	hemselv	es (phy	/sically	or in	othe	r wavs).
20.	if they Mark one box for each line.	9			_			· ····································
			No	risk S	Slight risk	Great	i risk	Don't know
a)	smoke cigarettes occasionally]	
b)	smoke one or more packs of cigarettes per day]	
c)	have one or two drinks nearly each week]	
d)	drink alcohol every day]	
e).	smoke marijuana or hashish regularly]	
f).	use other drugs occasionally]	
				1	2	3	3	4
26.	When you answer this question, think about	t the	friends	with wh	om you	ı sper	nd mo	st of
	your leisure time. Mark one box for each line.	None	Less than	About half	More t	than	All of	Don't
			half of them	of them	half of ther		them	know
a)	How many of them like school?							
b)	How many of them do well at school?							
c)	How many of them smoke cigarettes?]		
d)	How many of them drink alcohol?							
e)	How many of them get drunk?]		
f)	How many of them use marijuana or	_		_	_	_	_	_
	other drugs?		2	<u>∐</u> 3	<u>L</u>	 :	<u></u>	6
	NAME - 1 - 1 - 1 - 1 - 1 - 1 - 1 - 1 - 1 -							
27.	When you answer this question, think about Mark one box for each line.	t peo	pie or yo	our age.				
		None	Less than half	About ha	f More th half	nan All the		Don't know
a.	How many of them smoke cigarettes?]	
b.	How many of them get drunk?]	
c.	How many of them drink alcohol?]	
d.	How many of them use marijuana or						_	_
	other druas?	Ш				L		Ш

28.	28. If your friends found out that you smoked cigarettes sometimes, drank alcohol sometimes, used marijuana sometimes how do you think they'd feel?						
	Mark one box for each line.	They would approve	They wo disapprostill be m	ove but	They would disapprove and stop be my friends	not care eing	
a)	If they found out that I smoked cigarettes sometimes]			
b)	If they found out that I drank alcohol sometimes						
c)	If they found out that I used marijuana sometimes						
29.	Does any of your parents? Mark one box for each line		on't have these		Don't		
_\			persons	No	know	Yes	
,	smoke cigarettes			=	=	믐	
b)	drink alcoholic beverages (beer, wine, spirits)		Ц 1	2	3	4	
30.	Does any of your siblings? Mark one box for each li	ne.					
		С	on't have any		Don't		
,			siblings	No	know	Yes	
,	smoke cigarettes			片	౼片	Η	
b)	drink alcoholic beverages (beer, wine, spirits)		🔲	2	3	4	
31.	Do the following descriptions fit people around y Mark the answer that is closest to your opinion.	ou?					
			Strongly Agree	Agree	Disagree	Strongly Disagree	
a)	My parents set clear rules						
b)	My parents know where I am in the evenings						
c)	I can easily get support from my father and/or mother	er					
d)	It is very important for me not to disappoint my parer	nts					
e)	I can really get support from my best friend						
			1	2	3	4	
32.	In the following questions, you are to say whether	er you ag	ree or o	disagr	ee with e	ach	
	statement about your family. Mark the answer that is close	est to your op Stroi		Agree [Disagree St	rongly	
			ree	- I		isagree	
a)	My parents care about my happiness						
b)	My family makes me feel loved				<u> </u>		
c)	My family works against all I do or I would like to do						
d)	In my family we care about each others						
e)	I feel appreciated from my family						
f)	I enjoy myself with my family						
g)	I'd rather change my family with another one						
h)	My parents are interested in me						
i١	My parente don't trust me						

j) k)	My home is warm and welcoming My parents don't like to be with m		[
,	in the same place		[
I)	My parents help me when I need	it	[5				
m)								
n)	My parents are proud of me]	$\overline{}$	$\overline{}$			
o)	My family is not good at all							
p) q)	Mi parents appear to dislike every		[activities					
17	that are really important for me	'						
r)	My parents believe me		[
s)	I'm proud of my family							
t)	My parents care about my educat	ion	[
u)	My family is the most important th		[
v)	My parents love me in the way I a		[
w)	I don't know why my parents are s	still together	[
x)	My parents care about my future	-	[
y)	My home is not an happy place		[
00.	If you wanted to drink alcohol (allow you to do so? Mark the answer				Would (does allow do	d not not) rinking all		on't know
34.	If you wanted to smoke (or already you to do so? Mark the answer that is considered to smoke the smoke that		-	father			ould a	ıllow
		Would allow (allows me) to smoke	Would not (does not) allow smoking at home	g	Would (does allow sr at a	not) moking all	Do	on't know
35.	How were your grades during the	he last school 1☐ high	year? Mark one		з□	low		
36.	How do you feel about school at 1 I like it a lot 2 I like it a bit 3 I don't like it very much 4 I don't like it at all	it present? Mark	cone box.					

37. How much do you agree with the following descriptions of your school? Mark one box for each line. Strongly Disagree Agree Strongly agree disagree П П The students in my class enjoy being together a) П b) Most of the students in my class are kind and helpful П c) Other students accept me as I am П d) How I do in school matters a lot to me I have great respect for what my teachers tell me 38. Have you ever had any of the following problems in the last 12 months? Mark all that applies for each line. Yes for reasons Yes, because Yes. other than Never of my because of alcohol or alcohol use my drug use drug use a) Quarrel or argument...... П П П b) Scuffle or fight c) Accident or injury...... d) Loss of money or other valuable items e) Damage to objects or clothing you owned f) Problems in your relationship with (your) parents g) Problems in your relationship with (your) friends h) Problems in your relationship with (your) teachers i) Performed poorly at school....... i) Victimized by robbery or theft k) Hospitalised or admitted to an emergency room........ 39. These are statements about your views on how you make decisions. Tick the one that is right for you. Strongly Agree Disagree Strongly Agree Disagree a) When I have decided to do something, I always carry П П it through b) I often make up my mind without thinking of П П П the consequences Sometimes I decide on something "off the top of my head" d) I weigh up all the choices before I decide on П П something e) I seldom decide to do something that I later regret When I get an idea I often make a decision without thinking g) Sometimes I change my mind about something several times a day h) When I decide on something it doesn't matter П П what my friends think When I decide on something it doesn't matter i) what my parents think

40.	40. Imagine yourself in each of the following situations. Some of them may be very familiar to you, some others less, so that you may feel less secure in answering. It is enough you do your best. Mark the answer that is closest to your opinion.							
		Very likely	likely	unlikely	very unlikely			
a)	You and your best friend are at a party where you meet new people, and you feel you really want to get to know them. Someone offers you to smoke hash together. Your friend accepts. Do you?							
b)	You and the same friend are studying hard for an important test at school the day after. Both of you feel stressed and need to calm down. Your friend suggests a cigarette would help, and offers one. Do you accept?							
c)	The day after, you both pass the test, and feel now it is time to celebrate. Have still some pocket-money left, and the liquor store is nearby. Would you buy some alcohol (beer, wine) to celebrate?	1	2	3	4			
41.	How much do you agree with the follo	wing descr	iptions of y	ourself? Mark	the answer that is closest			
	to your opinion.		Stron Agr	gly Agree Dis	agree Strongly Disagree			
a)	I feel that I have a number of good qualitie	es						
b)	I am able to do things as well as most other	er people						
c)	At times I think I am no good at all							
d)	Most boys and girls of my age are smarter	r than I am						
	I am quite good at sports I feel very embarrassed when I have to sa	у						
:	something in class							
g)	My being happy is important to my parent	S						
h)	I worry a lot about silly things							
i)	l often feel nervous over nothing at al							
j)	I have plenty of interests and hobbies							
k)	On the whole, I am satisfied with myself							
l)	feel I do not have much to be proud of							
•	I certainly feel useless at times							
-	I feel that I'm a valuable person at least							
	at the same level than others	ıt						
	I wish I could have more respect for myse							
	All in all, I am inclined to feel that I am a fa	anure						
q)	I have a positive attitude toward myself		1	2 L	3 4			

42. Imagine you would like to do the following things. How easy or difficult would you find it? Mark one box for each line.

l w	ould like to	very easy	easy	difficult	very difficult	
a)	Say something nice to a friend.					
b)	Ask for a favour.					
c)	Show someone that I like him/her.					
d)	Say "no" when someone asks me to do something					
	I do not want to.					
e)	Call for help when I have got problems.					
f)	Help someone who needs help.					
		1	2	3	4	
43.	Please indicate the extent to which you agree with the fo each line.	llowing	staten	nents?	Mark one b	oox for
		•	strongly	agree	disagree	strono

	strongly agree	agree	disagree	strongly disagree
a) I am content.				
b) I often don't think things through before I speak.				
c) I would like to skydive.				
d) I am happy.				
e) I often involve myself in situations that I later regret being involved in.				
f) I enjoy new and exciting experiences even if they are unconventional.				
g) I have faith that my future holds great promise.				
h) It's frightening to feel dizzy or faint.				
i) I like doing things that frighten me a little.				
j) It frightens me when I feel my heart beat change.				
k) I usually act without stopping to think.				
I) I would like to learn how to drive a motorcycle.				
m) I feel proud of my accomplishments.				
n) I get scared when I'm too nervous.				
o) Generally, I am an impulsive person.				
p) I am interested in experience for its own sake even if it is illegal.				
q) I feel that I'm a failure.				
r) I get scared when I experience unusual body sensations.				

s) I would enjoy hiking long distances in wild and uninhabited territory.		
t) I feel pleasant.		
u) It scares me when I'm unable to focus on a task.		
v) I feel I have to be manipulative to get what I want.		
w) I am very enthusiastic about my future.		

4 3 2